

# PBS Adult Continuing Education (ACE) Classes

## Fall 2022 Friday Offerings

On campus in the Wang Center at Stony Brook University

#### BACK TO THE EIGHTIES - THE "ME" DECADE IN REVIEW

Friday- 9:30am-11:00 am - Instructor: Tom Conklin

Come take a ride in my Trans Am Time Machine (or was that a Delorean, Doc?) back to the 1980s and explore what exciting, interesting happenings were taking place in the decade. From movies and TV, fashion trends, significant events, politics, and yes, of course, music. Do you want your MTV? Even if you are too young to know what that means, by the end of this class, you will be singing "I want my MTV!". This is sure to be one gnarly class. Fun and interesting findings await us with our journey back to the 80s!!!

Campus Connect - 11:00 am - 12:30 pm - No Additional Charge CLICK FOR MORE INFORMATION

#### **SELF-ADVOCACY**

## Friday- 12:30 pm -2:00 pm - Instructor: Tom Conklin

Speak up for yourself and be heard! This class will explore self-advocacy, self-awareness, and self-determination. Self-advocacy is a skill to use throughout life. The class will provide an overview of the history of the self-advocacy movement. Students will become familiar with: distinguishing wants vs. needs, building self-confidence, using positive decision-making skills, identifying personal strengths & weaknesses and likes & dislikes, learning to problem- solve making independent choices. Students will have the opportunity to do project work work with their classmates and learn about & practice public speaking. The course is appropriate for anyone that is interested in self-empowerment and defending their rights and the rights of others.

## MEET YOUR INSTRUCTOR: TOM CONKLIN

Thomas Conklin is an educator who has been working in the field of education and human services for over 25 years. He has recently provided education and life skills instruction to individuals living in a residential school on Long Island. Tom loves to advocate for individuals trying to better their lives and truly enjoys promoting a positive spirit amongst any group that he is a part of. Tom loves teaching PBS ACE classes. It is with great hope that any student joining this particular class will broaden their knowledge and have fun while doing so.



## & PSYCHOLOGICAL RESOURCES, P.C.

# Fall 2022 Semester Friday Schedule 9/23 - 12/2

10 Sessions

"I like going to classes to meet new people, make friends and connect with instructors. When the class schedule comes out I have a hard time picking what classes and instructors I want to take, they're all great. I love to learn about new things and these classes make that possible. I even added my own goals based on continuing education and my campus community. I can't wait to go back!"

-Nick F.



A Campus Connect facilitator will be on site between classes to help students access the broader Stony Brook University student experience. It is not a class; it is informal, voluntary, and is offered at no additional cost.

CLICK FOR MORE INFORMATION

## **CLASS MEETING DATES:**

September 23rd, 30th October 7th, 21st, 28th November 4th, 11th, 18th December 2nd, 9th

## \*NO classes held on October 14th & November 24th \*

Course Fee: \$525 for each class.
Direct Billing now available.

PBS will work with FIs to accept direct payment for classes whenever possible.

Students will NOT be fully registered until verification of eligibility and available funding is provided to PBS.

The student assumes final financial responsibility should FI payment be denied.

Campus Connect is optional & available to registered students for no additional charge.

To register: <a href="https://www.positivebehavior.org/learning--workshops.html">https://www.positivebehavior.org/learning--workshops.html</a>

All students receive a Certificate of Completion.

Appropriate for all students.

Minimum number of registrants must be met for the class to run.